



The Building Blocks
for a Bright Tomorrow

**Naples
Preschool
Academy**

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Academy**

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September 2026 Newsletter

From the office...

September is here, bringing a fresh start, new adventures, and hopefully cooler weather! Along with new opportunities to grow and learn with new and old friends. This month we will continue to get into our school day routines.

PICTURE DAY: Monday, September 14th!

Reminders:

- Make sure all your child's belongings are labeled!
- If your child isn't feeling well keep them home please!
- Outside toys are not allowed at school!

Mark all belongings with your child's name

A reminder from NPA Staff: NPA closes at 5:30. A late pick up fee will be applied to those who pick up after 5:30. The fee is \$3 per minute . If to many late pick-ups are encountered, this may result in termination of services.

Thank you for all your cooperation and support.



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Important Information

NPA Closed: 9/7



Grandparents Day: 9/10



Picture Day: 9/14



No VPK: 9/21 & 9/22



Birthdays

Mckayla 9/8

Damien 9/10

Cyrus 9/13

Mylah 9/29

Mrs. Tonya 9/29



Infants

Welcome, September!

We are excited to welcome a new month filled with learning, exploring, and growing! September brings new routines, new experiences, and lots of opportunities for our infants to discover the world around them.

This Month We'll Explore

Fall & Changing Seasons: Exploring colors, leaves, textures, and cooler weather.

Sensory Play: Safe opportunities to touch, feel, listen, and explore.

Music & Movement: Singing songs, dancing, clapping, and moving to different rhythms.

Books & Language: Reading simple stories, naming familiar objects, and encouraging early communication.

Social-Emotional Development: Building trust, practicing routines, and developing relationships with teachers and friends.

Infant Development

Every infant develops at their own pace. We will continue encouraging tummy time, reaching and grasping, crawling, sitting, standing, and other age-appropriate skills through fun and engaging activities.

A Few Reminders

Please make sure your child has:

- Extra changes of clothing appropriate for the weather.
- A labeled water bottle, if needed.
- Diapers and wipes.
- Any comfort items your child uses during the day.
- Updated emergency contact information.**

Thank You, Families!



Ones

"You Are the Apple of My Eyes"

Welcome to September! This month, we will explore fun and engaging concepts through our theme **"You Are the Apple of My Eyes."** The children will have opportunities to learn new words, recognize letters and numbers, and explore colors and shapes through simple, age-appropriate activities.

Letter of the Month (M,m)

We will practice recognizing the letter **M** and learning words such as:
Moon • Monkey • Mouse • Mommy • Milk

Numbers of the Month (3,4)

We will practice counting and recognizing the numbers:
1 and 3 One • Three

Shape of the Month (Circle)

We will learn to recognize circles in objects around us:
Round • Ball • Sun • Circle

Color of the Month (Red)

We will explore the color **red** and identify familiar red objects:
Apple • Strawberry • Fire Truck • Heart

Theme Vocabulary

Apple • Red • Circle • M • One • Three • Moon • Monkey • Mouse

We look forward to a wonderful month of **learning, discovering, and growing together!**





Twos

Welcome to September!!

We are excited to begin a new month of learning, growing, and making memories together. September is a wonderful time for our Twos to build new friendships, practice classroom routines, and become more independent.

Our Classroom & Friends

We'll practice sharing, taking turns, listening to our teachers, and learning our classroom routines.

Some things we will be working on this month:

- We'll explore colors and basic shapes through art, sensory play, songs, and hands-on activities.
- We'll talk about the changing season, leaves, apples, pumpkins, and things we see around us during fall.
- Children will have opportunities to talk about themselves, their families, and the people who are special to them.
- We will enjoy stories, songs, fingerplays, and conversations throughout the day. Children will practice learning new words, identifying pictures, and expressing their thoughts and feelings.
- Our Twos will practice counting, sorting, matching, and recognizing simple patterns through fun games and everyday activities.
- Expect lots of painting, coloring, sensory exploration, music, dancing, and fall-themed art projects!
- Growing our independence.

This month we will encourage children to:

- Clean up after activities.
- Wash and dry their hands.
- Practice using utensils.
- Put away their belongings.
- Make simple choices.
- Use words to express their needs and feelings.

Family Reminder

Please send your child with **weather-appropriate clothing** and a complete change of clothes. As the weather begins to change, labeling all clothing and personal belongings is especially helpful.

If your child needs extra diapers, wipes, or other classroom supplies, we will let you know.

A Note to Our Families

Thank you for trusting us with your little ones. We are looking forward to a wonderful September filled with **learning, laughter, friendship, and lots of growing!**

September Quote:

"Every day is a new adventure when you're two!"



Threes

September is here, and we're ready for a fun-filled month of **apples and all things fall!** We'll be exploring apples through stories, songs, art, sensory activities, and hands-on learning. The children will have opportunities to learn about the different colors, shapes, and parts of apples, practice counting and sorting, and even discover what happens when we cut an apple open. We'll enjoy apple-themed crafts, taste some delicious apple treats, and talk about the signs of fall we see all around us. It's sure to be a **crisp, crunchy, and colorful month of learning and fun!**



September

"Apples in the Fall"

Numbers: 3 & 4

Shape: Circle

Color: Red

Letter: M,m

Please help me! Cups, backpacks, sheets and blankets need to be labeled. Please help me keep your children's belongings orderly.



VPK

We are now a few weeks into VPK, and what a great start! Here are some important classroom reminders;

Please remember to bring a water bottle every day with your child's name written in permanent marker or on a piece of tape.

Every MONDAY a weekly newsletter is put into your child's cubby. It is important you take a glance as it explains what is going on that week along with what the theme for show and tell will be.

Reminders:

- Make sure your child has a pair of slippers for class.
- No tie shoes are permitted. For safety reasons, your child must be able to put their shoes on alone.
- Show and Tell is every Friday.

Check List:

- Change off clothes
- Water bottle
- Slippers
- Velcro or Slip on shoes
- Sleeping bag. (We are learning independence; this includes making our beds and putting them away after nap.



Menu

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
9/7/2026-9/11/2026					
Breakfast	Waffles (wg), Bananas, Milk	Strawberry muffins, Strawberries, Milk	Pancakes, Apples, Milk	Eggs w/ toast (wg), Pears, Milk	Yogurt Parfait, Toast, (wg) Apple sauce, Milk
Lunch	BBQ Meatballs, Hawaiian rolls, Pineapple, Green beans, Milk	Macaroni salad, Pears & corn, Cheese sticks, Milk	Rice w/ chicken, Black beans, Mixed fruit, Toast (wg), Milk	Cheese quesadillas, Mixed veggies, Apple sauce, Milk	Tacos, Corn, Pineapples, Milk
Snack	Goldfish, Apple juice, Water	Pretzels (wg), Cheese sticks, Water	Graham crackers, Yogurt, Milk	Sun chips (wg), Cheese sticks, Water	Animal crackers (wg), Apple juice
9/14/2026-9/18/2026					
Breakfast	Cinnamon toast (wg), Strawberries, Milk	Honey bunches of oats, Blueberries, Milk	Eggs w/ toast and sausages, Pears, Milk	Biscuits w/ jelly, Bananas, Milk	Raisin bread, Apples, Milk
Lunch	Chicken nuggets, Hawaiian rolls, Beans & Peach- es, Milk	Chicken Alfredo, Hawaiian rolls, Pineapples, Baked beans, Milk	Spaghetti, Hawaiian bread, Pears & corn, Milk	Chicken quesadillas (wg), Watermelon, Broccoli, Milk	Ham and cheese sandwiches (wg), Mixed fruit, Peas, Milk
Snack	Goldfish, Apples, Water	Rice cakes (wg), Sliced apples, Water	Animal crackers (wg), Raisin Milk	Wheat thins (wg), Raisins, Water	Graham crackers, Cheese sticks, Milk
9/21/2026-9/25/2026					
Breakfast	Cheerios (wg), Bananas, Milk	Raisin bread, Strawberries, Milk	Pancakes, Blueberries, Milk	Cheesy eggs, Sausages, Apples, Milk	Kix, Apples, Milk
Lunch	Mac & cheese, Green beans, Pineapples, Milk	Rice with Chicken, Broccoli, Pears, Milk	Turkey wraps, Apples, Peas, Milk	Chicken nuggets, Hawaiian rolls, Green beans & mixed fruit, Milk	Ground beef with veggies, Pineapples, Peas, Milk
Snack	Pretzels, Grapes, Water	Rice cakes (wg), Yogurt Water	Trail mix, Cheese sticks, Water	Sun chips, Raisins, Water	Pretzels (wg), Cheese sticks, Water
9/28/2026-10/2/2026					
Breakfast	Yogurt Parfait, Toast, (wg) Apple sauce, Milk	Waffles (wg) Oranges, Milk	Blueberry Muffins, Apple Sauce, Milk	Biscuits, Pears, Milk	Cheerios (wg), Bananas, Milk
Lunch	Ham and Cheese Sandwiches, Pears & corn, Milk	Tacos, Corn, Pineapples, Milk	BBQ Meatballs, Green beans, Peaches, Milk	Wow butter and jelly sandwiches, Broccoli, Pineapples, Milk	Cheese Quesadillas Carrots, Oranges, Milk
Snack	Pretzels (wg), Cheese sticks, Water	Wheat-thins, (wg) Raisins, Water	Rice cakes (wg), Raisins, Water	Goldfish, Cheese sticks, Water	Rice cakes (wg), Yogurt Water